

Necessary equipment

Useful information for multi-day tours

**You should be ready for all kinds of weather as the weather can change very quickly.
We recommend that the following items are included when preparing for our longer tours:**

- Riding boots - preferably rubber, because of the rivers we cross.
- Warm jacket or overcoat.
- Warm (woolen or fleece) sweater.
- Warm socks and gloves, at least two pairs, scarf and a cap or hat.
- Warm underwear, long if possible (protects also from chafing).
- For the ladies – sports bra.
- Riding trousers.
- Track suit.
- A pair of slippers to wear in the accommodation. (Icelanders take off their shoes when entering a house).
- Swim suits, towels, soap etc.
- A small camera to take with you on the ride.
- Band aids and second skin plasters for chafing.
- Insect repellent, gnat net head cover.
- Chocolate or glucose sweets for strenuous riding days.
- Sun lotion for face and lips (with high sun factor).

Additionally for accommodation on tours 3, 5, 7, 8, 9, 10, 17 and 19:

- Small pillow to sleep on.
- Ear plugs. Some people snore!!!

**Riding gear which has been used abroad needs to be dry cleaned or sterilized.
A written certificate is needed to prove that this has been done.**

Tour Operator provides:

- Saddle bags
- Rain wear
- Safety helmet
- Sleeping bag (with a sheet) where necessary.